

## Licensed Brain Gym® Instructor Relicensure Requirements

### 48 Credits Required Every Four Years

- 24 credits **must come** from the Brain Gym Curriculum: includes Brain Gym® curriculum courses, annual conferences, faculty updates, forums, and annual conference recordings as available.
- 8 credits **must come** from Public Service work: share Brain Gym® work as a volunteer to those who cannot afford the usual services, up to 12 credits can be earned.
- 24 credits can come from either the Brain Gym® Curriculum **or** from 6 Alternative Credit Categories (**maximum 12 credits per category**). *Categories 3-5 require a \$25 USD processing fee.*

Category	Title	Max. credit allowed	Notes
1	Volunteer	12	Serve on the Board, Committee, or Special Project; Translate materials; Mentor (upon approved guidelines)
2	Teach or Sponsor	12	Teach BG 101 or Sponsor Courses (2 credits per course)
3	Complementary Coursework	12	Complementary programs are those that support and/or align with the Brain Gym program
	Pre-approved		<ul style="list-style-type: none"> <li>• <a href="#">Bal-A-Vis-X</a></li> <li>• <a href="#">Touch for Health</a></li> <li>• <a href="#">Education Through Music</a></li> <li>• <a href="#">Rhythmic Movement Training International (RMTI)</a></li> <li>• <a href="#">Feldenkrais</a></li> <li>• <a href="#">Remanlay Acureflex Integration (RAI)</a></li> <li>• <a href="#">CranioSacral</a></li> <li>• <a href="#">Movement Based Learning</a></li> <li>• <a href="#">Qinesiology</a></li> <li>• <a href="#">Movement and Mindfulness Curriculum Certification</a></li> <li>• <a href="#">Masgutova Method (MNRI)</a></li> <li>• <a href="#">Blomberg Rhythmic Movement Training (BRMT): Levels 1-3 only</a></li> </ul>
	One-time approval		Contact us for more information
4	Special Events	12	Attend and/or present at local Brain Gym days / Annual Conference; Attend and/or present at other conferences
5	Professional Development	12	Attend courses that increase Business / Professional skills; Participate in study groups / network meetings; Complete book reports relevant to Edu-K
6	Other	12	Develop a course or product; Conduct research on kinesiology-based approaches; Publish an article about Edu-K